

STEARIC ACID AND STEARATES IN MINTS: ALMOST ALL VEGETABLE SOURCED

Mints A - Z Table

Table Key:

v = vegetable source

a = animal source

x = contains ingredient

Yellow: Company provided insufficient information.

Red: Company did not respond with information.

Note: Red and yellow companies and products are not counted in totals nor calculations.

Note: In most cases in the comment section, company or retailer links to product ingredient labels are listed. If not, The VRG confirmed ingredients with companies by email and/or phone.

mint brands: 68

mint companies: 43

mint brands containing stearic acid or stearates: 48; $48/68 = 70.6\%$

mint brands containing/possibly containing animal-derived stearic acid or stearates: 6; $6/68 = 8.8\%$

mint companies using/possibly using animal-derived stearic acid or stearates: 3; $3/43 = 7.0\%$

Company and product	calcium stearate	mag-nesium stearate	stearic acid	gel-atin	sugar	sugar alcohols	artificial sweet-eners	honey	comments
Action Candy Company [®] • Pur [®] Mints						x			http://purmints.com/mints-products.html
AmuseMints [®]		x (v)				x	x		http://amusemints.net/ https://www.google.com/search?q=amusemints+ingredients&espv=2&biw=1137&bih=714&source=lnms&tbm=isch&sa=X&ved=0ahUKEwjIhMLW98LKAhXIbB4KHfiMAHsQ_AUIBygC&dpr=0.9#tbm=isch&q=amusemints+ingredient+label&imgrc=

									AhNsDaZqfpG35M%3A
Bawls Acquisition® • Bawls® Mints	x (v)				x				Bawls stated their sugar “might” be vegan. http://shop.bawls.com/mints-3-pack/ http://www.caffeineinformer.com/caffeine-content/bawls-mints
Body Mint – USA® • Body Mint®			x (v)						http://bodymint.com/products/body-mint/
C. Howard Company® • CHoward's® Mints		x (v)	x (v)		x				http://www.chowardcompany.com/nutritionalinfo.htm
Diana Candy® • Power-mint!®					x				http://www.dianacandy.com/breathfresheners.html
• Extra Strong Mint Lozenges				x	x				http://www.dianacandy.com/breathfresheners.html
Epic Dental® • Epic® Xylitol Mints		x (v)				x			http://www.epicdental.com/c-11-mints
Ferrero USA® • Tic Tac®		x (v)			x				From Tic Tac: “We use both beet and cane sugar. None of the sugar we use is whitened through bone char at all, for any of our products.” A few seasonal or promotional flavors may contain shellac or carmine. http://www.tictacusa.com/en/faqs https://www.google.com/search?q=tic+tac+mints+ingredients&espv=2&b

								iw=1137&bih=714&source=lnms&tbm=isch&sa=X&sqi=2&ved=0ahUK EwipmfXqptLKAhWB6iYKHf6JCKlQ_AUIBygC&dpr=0.9#imgrc=VMoLS3kc3474EM%3A
Fisherman's Friend® • Cherry		x (v)				x	x	http://www.fishermansfriend.com/en-us/pages/faqs/
• Mint		x (v)				x	x	http://www.fishermansfriend.com/en-us/pages/faqs/
• Original Extra Strong					x			“The sugar in our lozenges is from the sugar beet, which is grown in the UK and is free from any genetic modification. The dextrin in our lozenges is derived from tapioca starch, not corn.” http://www.fishermansfriend.com/en-us/flavors/#.Vq0U6rIrK1s
Focus Nutrition® • XyloBurst® Mints		x (v)				x		Note: Some flavors contain beeswax; not all contain magnesium stearate. http://focusnutrition.com/index.php/our-products-xyloburst/xylitol-mints.html
Fox's® Glacier Mints					x			http://www.englishteastore.com/glacier-mints-foxs.html
GoodMouth® • Dr. Goode's®		x (v)				x	x	https://www.goodmouth.com/shop-product-details/dr-goodes-

Original Peppermints								peppermints/
Hershey's® • Breath-savers®		x (“usually derived from an animal source.”)				x	x	Also contains medium chain triglycerides which could be animal-derived; Hershey's stated their source is “proprietary.” http://www.thehersheycompany.com/brands/breathsavers-rolls/wintergreen.aspx
• Ice Breakers®		x (“usually derived from an animal source.”)				x	x	http://www.thehersheycompany.com/brands/ice-breakers-mints/coolmint.aspx
Hint Mint® • Classic			x (v)		x			From Hint Mint's vegan Director of Sales: “The sugars we now use are refined using an ion exchange process and not bone char.” http://www.hintmint.com/
• Sugar-Free			x (v)			x	x	http://www.hintmint.com/
iFive Brands® • Penguin Caffeinated Peppermints®		x (v)				x	x	http://www.peppermints.com/penguin-caffeinated-peppermints-6-pack.html
Jaquii® • EatWhatever® Mints		x (v)			x			Note from Jacquii's sugar supplier: “We source sugar from refineries that do not use bone char in their filtration process.” http://eatwhatever.com/#what_is_sec

									tion
Johnson & Johnson® • Listerine® Pocket-Paks®							x		Note: Glycerol oleate is “from a non-animal source.” https://www.listerine.com/products/listerine-go/listerine-pocketpaks-oral-care-strips#inactive-ingredients
Meltzer's Puremints®			x (v)		x				"The cane sugar is processed through carbon that originates from bones." http://meltzerspuremints.com/
Mondelēz International® • Bassett's® Mint Imperials®			x	x					Mondelēz owns Cadbury's which owns Bassett's. http://www.amazon.com/Bassetts-7599-Mint-Imperials-200g/dp/B000SM3RGO/ref=sr_1_1?srs=2582962011&ie=UTF8&qid=1454248431&sr=8-1&keywords=mint+imperials
• Certs®		x (“either animal- or plant-derived”)				x			http://www.snackworks.com/search/product-results.aspx?searchText=certs
• Dentyne Ice® Pepper-mint Mints		x (“either animal- or plant-derived”)					x	x	http://www.dentyne.com/NutritionalInformation.aspx
• Dentyne Fire® Spicy CinnamonMin		x (“either animal- or plant-deri					x	x	http://www.dentyne.com/NutritionalInformation.aspx

ts		derived")						
<ul style="list-style-type: none"> Trebor[®] Extra Strong Mints 				x	x			http://www.amazon.com/Trebor-Extra-Strong-Mints-Rolls/dp/B008FRM8DC
<ul style="list-style-type: none"> Soft Mints 					x			http://www.amazon.com/Trebor-Soft-Mint-Peppermint-Roll/dp/B003BQJ1KA/ref=sr_1_2?s=grocery&ie=UTF8&qid=1454253636&sr=1-2&keywords=trebor+soft+mints
Nature's Sunshine Products [®] <ul style="list-style-type: none"> Nature's Sweet Life[®] Xylitol Mints 		x (v)				x		Note: Contains beeswax http://www.naturessunshine.com/us/product/xylitol-mints-peppermint-240/5410/
Nestlé [®] UK <ul style="list-style-type: none"> Polo[®] Mints Original 			x (v)		x			"...the sugar suppliers of Nestle Confectionery UK do not use animal/animal derivatives during any part of the process of extracting/refining sugar, nor are they present in our granular, liquid, milled or brown sugar products." https://www.nestle.co.uk/asset-library/Documents/NutritionHealthWellness/Vegetarian%20List.pdf http://www.nestle-family.com/polo/english/products/polo_496463.aspx
<ul style="list-style-type: none"> Polo[®] Mints Sugar-Free 		x (v)				x		http://www.amazon.co.uk/Nestle-Polo-Suger-Free-Mint/dp/B003BQK6JA

NeuOra Microceuticals®		x (v)	x (v)			x	x		https://www.neuora.com/#/app/products/forever-mints
<ul style="list-style-type: none"> • Forever-Mints® 									
Newman's Own®					x				USDA Organic sugar never whitened (so no cow bone char) http://www.newmansown.com/foods/peppermint-mint/
<ul style="list-style-type: none"> • Organic Pepper-mint Mints 									
Nutri-Health®		x (v)				x			http://www.nutri-health.com/florabright-oral-probiotics
<ul style="list-style-type: none"> • FloraBright® Oral Probiotics 									
OraLabs®		x (v)			x		x		Sucrose stearate is not animal-derived. http://www.oralabs.com/breath-care/mints.php
<ul style="list-style-type: none"> • Ice Drops® Mints 									
Perfetti Van Melle®					x				Contains sucrose esters of fatty acids which could be animal-derived. Most varieties contain beeswax; some contain carmine. http://us.mentos.com/products#chewy-mints
<ul style="list-style-type: none"> • Mentos® Chewy Mints 									
<ul style="list-style-type: none"> • Mentos® Now-Mints 						x	x	Contains magnesium esters of fatty acids which could be animal-derived. http://us.mentos.com/products#nowmints	
Powermints® GmbH									http://www.powermints.de/compass

• Compass [®] Mints									html
• Extreme Fresch [®] Power Mints		x				x	x		http://www.fresch.com/retail-store http://www.amazon.com/Gerrits-Extreme-Fresch-Power-0-5-Ounce/dp/B000EY3NRY
• Frésh Active [®] Mints									http://www.powermints.de/fresh_active.html
• Frésh [®] Mints									http://www.fresh-mints.com/en/products.html
Project 7 [®] • Mints	x (v)					x			http://project7.com/collections/all
Rainbow Light [®] • Mint-Asure [®]				x		x			http://www.rainbowlight.com/all-products-mintasure.aspx
sanotact [®] GmbH • Impact [®] Mints	x (v)	x (v)				x	x		Note: Some flavors contain calcium stearate; others, magnesium stearate. http://www.impactmints.com/flavours
Seattle Gourmet Foods [®] • Myntz! [®]		x (v)				x	x		http://www.myntz.com/Breath-Mints/Winter-Mynt-Blast.html
• Oral Fix [®] Mints		x (v)				x			http://www.seattlegourmetfoods.com/Breath-Mints/Classical-Peppermint-12pack.html
Sencha Naturals [®] • Green Tea Mints [®]	x (v)					x			http://www.senchanaturals.com/collections/green-tea-mints/original
St. Claire's Organics [®] • Organic									Uses organic molasses granules, organic evaporated cane juice (both

Breath Mints								non-bone char-whitened) https://stclaires.com/
Sunrise Confections® • Pepper-mint Starlight® Mints				x				http://www.sunriseconfections.com/portfolio_page/sc-pepmnt-starlit-31-bulk/
SweetLife® AG • Alp® Mints		x (v)				x		http://www.sweet-life.com/rivo/
• Rio® Mints						x	x	http://www.riomints.ch/
• Rivo Cool® Mints		x (v)				x		http://www.sweet-life.com/rivo/
• Rivo Fruit® Mints		x (v)				x		http://www.sweet-life.com/rivo/
• Rivo Hot® Mints		x (v)				x		http://www.sweet-life.com/rivo/
• Rivo Originals® Mints						x	x	http://www.sweet-life.com/rivo/
• Skinny-girl® Mints		x (v)				x		http://skinnygirlcandy.com/collections/mints/products/lemon-lime-sugar-free-mints
Trader Joe's® • Green Tea Infused® Mints	x (v)		x (v)		x			x http://www.traderjoes.com/fearless-flyer/article/2196 http://www.amazon.com/Trader-Joes-Green-Mints-Pack/dp/B0080MF7TY
• Organic Ginger-mints					x			USDA Organic sugar never whitened (so no cow bone char)

								http://www.traderjoes.com/dietary-lists/vegan http://www.amazon.com/Trader-Joes-ORGANIC-GingerMints-GLUTEN/dp/B00L6EXDE4/ref=sr_1_3?s=grocery&ie=UTF8&qid=1454253220&sr=1-3&keywords=trader+joe%27s+organic+peppermints
<ul style="list-style-type: none"> Organic Pepper-mints 					x			USDA Organic sugar never whitened (so no cow bone char) http://www.traderjoes.com/dietary-lists/vegan http://www.amazon.com/Trader-Joes-Organic-Peppermints-Quantity/dp/B00IW23CSK
Uncle Joe's® <ul style="list-style-type: none"> Extra Strong Pepper-mint Mints 		x (v)				x	x	http://www.uncle-joes.com/sweet-shop/uncle-joes-extra-strong-mints/uncle-joes-new-extra-strong-mints-peppermint
<ul style="list-style-type: none"> Mint Balls 					x			"I can confirm that neither our white or brown sugar is filtered by cow bone char." http://www.uncle-joes.com/sweet-shop/uncle-joes-mint-balls/uncle-joes-mint-balls-2kg-bulk-bag
Vermints® <ul style="list-style-type: none"> Organic Mints 					x			contains "organic crystalized cane juice" (not whitened through cow bone char)

								http://www.vermints.com/faqs
Vivil A. Müller® GmbH & Co. KG • Vivil® Mints		x (v)				x	x	“Magnesium salts of fatty acids are not animal-based...They are stearic and palmitic acids.” http://www.vivil.de/en/produkte/seit-en/friendship/friendship-spearmint.php
Vroom Foods® • Foosh® Energy Mints		x (v)				x	x	http://www.vroomfoods.com/foosh_mints.html
Whole Foods® 365 Everyday Value® • Pepper-mint Mints		x (v)			x			From Whole Foods: "They are not organic. The sugar is bone char." https://www.google.com/search?q=365+peppermint+flavored+mints+from+whole+foods&espv=2&biw=1137&bih=714&source=lnms&tbm=isch&sa=X&ved=0ahUKEwi6ucnooLTKAhVCpx4KHe0mDkgQ_AUIBygC&dpr=0.9#imgrc=yIEyC610ktDELM%3A
Wrigley® • Altoids®				x	x			http://www.wrigley.com/global/brands/altoids.aspx
• Altoids Sugar-Free Smalls®		x (v)				x	x	http://www.wrigley.com/global/brands/altoids.aspx#panel-3
• Altoids® Arctic		x (v)				x	x	http://www.amazon.com/Altoids-Artic-Mints-Peppermint-Ounce/dp/B00JZLX390

<ul style="list-style-type: none"> Life Savers® 			x (a)		x			http://www.wrigley.com/global/brands/life-savers.aspx#panel-3
<ul style="list-style-type: none"> Life Savers® Sugar-Free Mints 		x (v)				x	x	http://www.wrigley.com/global/brands/life-savers.aspx#panel-3
Xlear® <ul style="list-style-type: none"> Spry® Gems 		x (v)	x (v)			x		http://www.xlear.com/spry-dental-defense/xylitol-products/adults/natural-breath-mints/
<ul style="list-style-type: none"> Spry® Mints 		x (v)				x		contains beeswax http://www.xlear.com/store/spry-dental-defense/peppermint-xylitol-mints-240ct.html
Xylitol USA® Xyla® Brand Xylitol Mints						x		http://store.xylitolusa.com/xyla-brand-xylitol-mints-peppermint-6-100ct-tins/
Zellie's® <ul style="list-style-type: none"> Zellie's® Mints 		x (v)	x (v)			x		http://zellies.com/ingredients